



Lunch Menu

- Chef's Homemade Soup of the Day** with homemade Brown Bread ⑥ GF 6.20 €
- Creamy Fish Chowder** ②④⑥ GF V 10.00 €
With herb croutons (cod, smoked haddock, salmon) served with brown bread
- Crispy Garlic Bread** ①⑥ 6.50 €
With melted red cheddar cheese topping, served with house salad
- Nachos** melted cheddar, sour cream, tomato salsa, guacamole ⑥ (add beef 12.90 €) 10.90 €
- Hot & Spicy Chicken Wings** blue cheese dip, celery sticks ⑨ (to share 13.90 €) 8.90 €

Salads

- Chicken Caesar Salad** ①③④⑥ GF OPTION 15.90 €
Served with cos leaves, croutons, crispy bacon, grated fresh parmesan
- Warm Cajun Chicken Salad** ①③④⑥ GF OPTION 13.90 €
Cajun chicken fillet, mixed leaves, red onion, cherry tomatoes & herb potatoes
- Grilled Goats Cheese Salad** ①②⑥⑧ 13.50 €
Served with mixed leaf salad, beetroot and orange segments

Mains

- Homemade Beef Lasagne** ①③⑥⑫ 15.90 €
Served with house salad & fries
- Breaded Chicken Goujons** ①③⑥⑧ 13.90 €
Served with house salad & fries + add garlic mayo on side
- Cajun Chicken on a Toasted Ciabatta** ①⑥ 13.90 €
Chipotle sauce, house salad and fries, sweet chilli mayo + add cheese
- Chicken Tikka on Naan Bread** ①③⑥ 9.90 €
Tomato sauce, fresh tomato salsa, red onion, melted mozzarella, mango chutney and salad
- Traditional Fish & Chips** ①④⑥⑫ 17.90 €
Fresh cod in a light batter served with mushy peas, lemon and tartar sauce
- Tiger Prawn Scampi** ①②③④⑥ 18.50 €
In a light batter served with house salad and fries
- Vegetarian Naan Bread** ①③⑥⑨ V 8.90 €
Roasted vegetables with pesto on naan bread with melted mozzarella and house salad
- Penne Pasta with Roasted Vegetables** ①③⑥⑨ V 14.50 €
In a tomato sauce served with toasted garlic bread

- Sandwiches** (served with house salad and fries or a bowl of soup) 10.90 €
- Quays Toasted Special** ①⑥⑫ Home baked ham, red onion and cheddar cheese
- Toasted Chicken, Cheese and Mayo** ①⑥⑫
- Toasted Sweet Chili Chicken** ①⑥⑫
- Toasted Vegetarian** ①⑥⑫ V Tomato, peppers, red onion and cheese
- BLT in a Toasted Ciabatta** ① Bacon, lettuce, tomato served with house salad and fries
- Open Ham on Homemade Brown Bread** ① Served with house salad and fries
- Open Sweet Chili Chicken** ①⑥⑫ On homemade brown bread with house salad and fries

Allergens:

- ① Cereals containing gluten ② Crustaceans ③ Eggs ④ Fish
⑤ Soybean ⑥ Milk ⑦ Peanuts ⑧ Nuts ⑨ Celery ⑩ Mustard
⑪ Sesame ⑫ Sulphites ⑬ Lupin ⑭ Mollusc

- V Vegetarian
GF Gluten Free
*All Sauces are Gluten Free

We are unable to split bills with groups of eight people or more – one bill will be given to the table.
If you are caught for time please let your server know as our food is cooked fresh from your order
and some dishes may take longer than others.

